

Places to go for the help you'll need

There are plenty of agencies – both government and otherwise – that are able to provide you with support and services during your separation and divorce. While this is absolutely not a comprehensive list, it is a great place to start. If you have access to the internet, jump online and start searching. If you can't get online at the moment, grab a phone book, talk to your GP, ask your friends and family for referrals ... it doesn't matter how you find the help you need, as long as you get it.

(YFYM does not endorse any of these organisations or services. You must take responsibility to ensure that an advice you receive from any of these services is appropriate to your needs.)

Community aid organisations

Relationships Australia
www.relationships.com.au
1300 364 277

Family Assistance Office
www.familyassist.gov.au
136 150

Centrelink
www.centrelink.gov.au

Child Support Agency
www.csa.gov.au
131 272

Domestic Violence Line
1800 656 463

Kids Helpline
1800 55 1800

Department of Community Services
www.community.nsw.gov.au
132 111 (24 hours a day, seven days a week)

The Salvation Army
www.salvos.org.au
1300 363 622

St Vincent de Paul Society
www.vinnies.org.au

Red Cross Australia
www.redcross.org.au

Anglicare
www.anglicare.org.au
13 26 22

Wesley Mission
www.wesleymission.org.au
02 9263 5555

Dads in Distress
www.dadsindistress.asn.au
1300 853 437

Black Dog Institute
www.blackdoginstitute.org.au
02 9382 4530

Beyond Blue
www.beyondblue.org.au
1300 224 636

MensLine
www.menslineaus.org.au
1300 789 978

LifeLine
www.lifeline.org.au
13 11 14

Teen Challenge Careline
(for teenage suicide prevention)
1800 771 777

Barnardos Australia
www.barnardos.org.au
1800 061 000

Men's Advisory Network
www.man.org.au

WIRE Women's Information (Victoria)
www.wire.org.au
1300 134 130

Veda Advantage
www.vedaadvantage.com

Women's Legal Service (QLD)
www.wlsq.org.au
1800 677 278 (outside Brisbane)
07 3392 0670 (Brisbane)

State and Territory Legal Aid Offices

Legal Aid NSW
www.legalaid.nsw.gov.au
1300 888 529

Legal Aid QLD
www.legalaid.qld.gov.au
1300 651 188

Legal Aid TAS
www.legalaid.tas.gov.au
1300 366 611

Legal Aid VIC
www.legalaid.vic.gov.au
1800 677 402 (for residents of rural Victoria)
03 9269 0120 (for Melbourne residents)

Legal Aid WA
www.legalaid.wa.gov.au
1300 650 579

Northern Territory Legal Aid Commission
www.ntlac.nt.gov.au
1800 019 343

Legal Services Commission South Australia
www.lsc.sa.gov.au
1300 366 424

Legal Aid Canberra
www.legalaid.canberra.net.au
1300 654 314

State and Territory Public Trustee Offices

ACT
www.publictrustee.act.gov.au

NSW
www.pt.nsw.gov.au

QLD
www.pt.qld.gov.au

VIC
www.statetrustees.com.au

TAS
www.publictrustee.tas.gov.au

SA
www.publictrustee.sa.on.net

WA
www.publictrustee.wa.gov.au

NT
www.nt.gov.au/justice/pubtrust

Family Law Courts

Family Law Courts
www.familylawcourts.gov.au
1300 352 000

Family Court of Australia
www.familycourt.gov.au
1300 352 000

Family Court of Western Australia
www.familycourt.wa.gov.au
Telephone numbers:
Call centre 08 9224 8222
Country free-call 1800 19 228
After hours emergency 08 9224 8225
Counselling service 08 9224 8248